



**Allyson Mexican Heather**  
*Cuphea hyssopifolia 'Allyson'*

Height: 24 inches

Spread: 24 inches

Sunlight:

Hardiness Zone: 8b

Other Names: False Heather

**Description:**

Small, freely branching shrub or subshrub with dainty purple-pink tubular flowers; grown as an annual in cooler climates; great for bedding, shrub borders, and containers in warm climates

**Ornamental Features**

Allyson Mexican Heather features dainty purple tubular flowers with pink throats along the branches from early summer to early fall. It has attractive green evergreen foliage which emerges light green in spring. The glossy oval leaves are highly ornamental and remain green throughout the winter.

**Landscape Attributes**

Allyson Mexican Heather is a multi-stemmed evergreen shrub with an upright spreading habit of growth. Its average texture blends into the landscape, but can be balanced by one or two finer or coarser trees or shrubs for an effective composition.

This is a relatively low maintenance shrub, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting butterflies to your yard. It has no significant negative characteristics.

Allyson Mexican Heather is recommended for the following landscape applications;

- Mass Planting
- General Garden Use
- Container Planting



*Allyson Mexican Heather flowers*  
Photo courtesy of NetPS Plant Finder



*Allyson Mexican Heather foliage*  
Photo courtesy of NetPS Plant Finder



## **Planting & Growing**

Allyson Mexican Heather will grow to be about 24 inches tall at maturity, with a spread of 24 inches. It tends to fill out right to the ground and therefore doesn't necessarily require facer plants in front. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 10 years.

This shrub does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone in winter to protect it in exposed locations or colder microclimates. This is a selected variety of a species not originally from North America.

Allyson Mexican Heather makes a fine choice for the outdoor landscape, but it is also well-suited for use in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. It is even sizeable enough that it can be grown alone in a suitable container. Note that when grown in a container, it may not perform exactly as indicated on the tag - this is to be expected. Also note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.